

# NZ Cuesports Coaching

NEWSLETTER 2011

September  
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## Latest News

Great to be back in NZ after being in the Gold Coast for a mixture of golf and a little coaching and then travelling to PNG for 10 days of coaching Referees, Coaches and Players. As is usual for PNG the hospitality was fantastic and the conditions were first rate. Yiannis from the Lamana Hotel and Dorothy from SP breweries were brilliant sponsors, thank you so much.

Also a big thank you to Peter Fong, Roger Wilson and especially John Chan for looking after me during my stay.

## Latest News

Shannon Swain wins Canterbury Snooker Open with a 3-1 win over Kelly Pritchard.

Henry Killian defeats Barry Moore 3-1 in the OWMC Open

## Upcoming Dates

Canterbury Coaching Seminar for all people who wish to become a coach.

To be held at CBSA Rooms, Cuthberts Green, Christchurch, Friday 9th September starting at 7.00pm.

Players coaching seminar Friday the 16th at CBSA rooms starting at 7.00pm.

**Free to all CBSA members**

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PNG National Champion Djorne Fong receiving his certificate for completing the Advanced Players Seminar in Port Moresby, 22nd and 23rd August 2011.

## Gazza's Say.... "The importance of Coaching"

I get this all the time "I don't need coaching" or "I am too old for coaching".

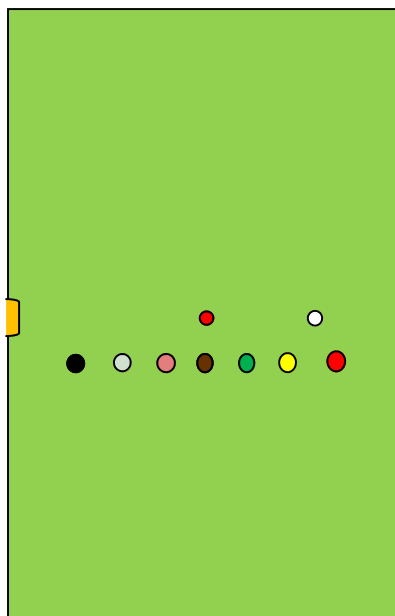
Well I say if you are the NZ or World Champion then you will still need coaching to maintain and improve on your standard, to keep your opponents at bay. After all if it is good enough for Ronnie O'Sullivan and John Higgins to have coaches (more than one), then we could all benefit from some good coaching. Remember there is a difference between a certified coach and some advice from your mates at the club.

As for "too old", if you want to maintain or improve your game and thus the enjoyment you get from it, you are never too old, never. I have noticed over the years, the better we play, the more we enjoy, so seek out your local coach and enjoy.

**You can contact me for your local Certified Coach.**

## This Month's Practice Routine.... "The Magnificent Seven"

This exercise is designed to improve your cue ball control—essential for break building.



You place the colours plus 1 red, in a line parallel to the top cushion about 8-10cm above the Blue spot. Space out the colours so that they run across the table leaving approx. 15cm to each side cushion. Place a red on the blue spot and the white 30-40cm behind it in a straight line to the middle pocket.

Now practise playing a stop shot or a follow through shot or a screw shot to finish opposite the coloured ball nominated.

In the first instance do the coloured balls in order. As you get more proficient, try mixing the order around until you can finish opposite each colour on demand.

